



New Jersey Activity Professionals' Association

***Presents the 30th
Annual
Spring
Convention***

**March 30 & 31, 2017
The National Conference Center
At the Holiday Inn
East Windsor, NJ**



Founded in 1987 by Activity Professionals, to Serve and Represent Activity Professionals in New Jersey. NJAPA is committed to:

- Promoting quality care and excellence in Therapeutic Activity service.
- Promoting and offering appropriate educational opportunities, information and communication geared to the Activity Professional.
- Promoting good relationships with other state organizations and agencies for quality services.
- Monitoring and representing the Activity professionals in legislative matters.
- Promoting community awareness of the profession.

*Pre-approval pending for contact hours from NCCAP,
CEU's for the American Therapeutic Recreation Association should be pursued by individuals who possess the CTRS certification*

CANCELTION POLICY: Full refund will be made if a request is made by, **March 1, 2017**. Any further questions should be directed to Kieta Blinn at (609) 499-8394 or kdblinn@verizon.net

LUNCH MEALS: There will be **no menu substitutions** for lunch served during both days of the convention. Participants are welcome to bring their own lunch if special diet needs are required.

HOTEL/ROOM RESERVATION: If you are interested in staying overnight at the Holiday Inn, please contact them directly at (609) 443-8000, and state Group Name **NJAPA** and you are going to be attending the NJAPA conference. Rooms will be blocked out at a special rate \$109.00, for NJAPA attendees until **March 1, 2017**.

Thank You!!

QUESTIONS: For Registration/Payment Questions Call: Keita Blinn – (609) 499-8394 kdblinn@verizon.net
For General Convention Questions Call: Sharon Wolfe – (609)-597-1634
For Membership Questions Call: Lisa Williams-856-298-0936-njapamem@aol.com

Convention Schedule

THURSDAY March 30, 2017

FRIDAY March 31, 2017

8:00-8:45am	Registration & Breakfast	8:00-9:00am	Registration & Breakfast
8:45am-9:15am	NJAPA Awards Ceremony/Business Meeting	9:00am-10:15am	SESSION 7 -Keynote Address Part 1
9:15-10:30am	SESSION 1-Keynote Address Part 1	10:15-10:30am	Break
10:30-10:45am	Break	10:30-11:45am	SESSION 8-Keynote Address Part 2
10:45-12:00pm	SESSION 2-Keynote Address Part 2	11:45-1:00pm	Lunch
12:00-1:15pm	Lunch	1:00-2:15pm	SESSIONS 9
1:15-2:30pm	SESSIONS 3	2:15-2:30pm	Break
2:30-2:45pm	Break	2:30-3:45pm	SESSIONS 10-12
2:45-4:00pm	SESSIONS 4-6		

Session Summaries

THURSDAY March 30, 2017

9:15 – 10:30am – 1.25 Contact Hours

Key Note

SESSION 1 Lessons from Oz Part 1

Speaker: Cindy L. Bradshaw, MS, ACC, Executive Director of NCCAP

Lessons on how to live life come from many different places. Some people use the stories from the Bible, while others learn what they need to know from their parents. I like using the story of The Wizard of Oz. I've always loved *The Wizard of Oz*. I have collected Oz paraphernalia my entire life. The Wizard of Oz books were the first chapter books that I read with my children, daily writing down words we didn't know, so we could add to our already diverse vocabulary. The Tinman has always been my favorite character, for a variety of reasons to include the fact that his search for a heart, led him to see that it was within him all along; as "OZ never gave nothing to the Tinman that he didn't already have...". The journey through Oz is an allegory that directly parallels our lives. In each scene, from the beginning to the end of the movie, a lesson can be found in characters' experiences.

This two part session will review life lessons and leadership lessons from OZ; Identify which of the characters depicts you.

10:45 – 12:00pm – 1.25 Contact Hours **Key Note**

SESSION 2 ***Lessons from Oz Part 2***

Speaker: **Cindy L. Bradshaw, MS, ACC, Executive Director of NCCAP**

This two part session will review life lessons and leadership lessons from OZ; Identify which of the characters depicts you.

1:15 – 2:30pm – 1.25 Contact Hours

SESSION 3 ***It's a Small World: Cultural Diversity and the Activity Professional***

Speaker: **Debbie Hommel, ACC/MC/EDU, CTRS**

There is no question we are a culturally diverse world and NJ has strong representation from several international cultures. This session will explore the notion of cultural diversity and specific ways we can appreciate our differences. Information will be shared in a game format and will require participants to share their experiences in working with residents and clients of diverse cultural backgrounds.

2:45 – 4:00pm – 1.25 Contact Hours

SESSION 4 ***NCCAP Certification and What's New!***

Speaker: **Cindy L. Bradshaw BS, ACC, Executive Director of NCCAP**

Many of the participants have been eligible for national certification and simply did not know it, or have been too afraid to apply, or have been misinformed in the past. With so many options popping up all over the place, along with new certification, the credibility of the profession is at stake. This session will discuss the options for becoming nationally certified with the association that has the respect and recognition of the state regulatory bodies and CMS, as well as across the country and in other countries as well. This session is a very open, hand on format.

SESSION 5 ***2016 CMS Final Rule: Is Your Activity Department Ready?***

Speaker: **Susan E. Harris, CRA, ADC, LNHA, MC**

CMS has completed a massive overhaul of LTC facility requirements for participation. Many of these requirements took effect in phase one beginning in November 2016; implementation continues through 2018. These requirements call for substantial updates to policies, increased and ongoing staff training and new job descriptions. There are significant requirements for person centered care, quality improvement and quality of life. New regulations have been introduced that include Quality Assurance and Performance Improvement (QAPI), Person-Centered Plans of Care and elements of the culture change movement. These changes will have direct impact on Activity Departments in LTC.

SESSION 6 ***Poker and Casino events – Bringing your residents together one card at a time***

Speaker: **Carl Lapinski**

In this class we will go over all the things you should know to host a successful poker or casino event. We will talk about how poker and casino events benefit your client's memory skills, socialization, and analytical thinking. We will go over what kinds of games are available and what works with what clients as well as what kind of equipment and costs are involved. We will discuss past events that I have done including the good parts and the bad parts about them to help you make your next event stronger.

FRIDAY March 31, 2017

9:00 – 10:15am – 1.25 Contact Hours **Key Note**

SESSION 7 ***Unleash Your Inner Sparkle and Get Back That Shine Part 1***

Speaker: **Bryan Rife, ADC**

Have you lost your Inner Sparkle? Don't worry — it's not gone forever. It's just waiting for YOU to throw a gigantic, glittered-powered Welcome Home party!

This 2 part key note session will show you how to transform from being overwhelmed to overjoyed — and take small-but-strong steps in the direction you truly want your life to be. To energize your batteries + reclaim your inner sparkle that gets lost in the shuffle of being that one person that wears many different hats and help you be happier with yourself, instead of looking outside for happiness. You will learn how to "sparkle like you mean it" and "not let anyone ever dull your sparkle" while "leaving a little bit of sparkle wherever you go."

10:30 – 11:45am – 1.25 Contact Hours **Key Note**

SESSION 8 ***Unleash Your Inner Sparkle and Get Back That Shine Part 2***

Speaker: **Bryan Rife, ADC**

Have you lost your Inner Sparkle? Don't worry — it's not gone forever. It's just waiting for YOU to throw a gigantic, glittered-powered Welcome Home party!

1:00 – 2:15pm – 1.25 Contact Hours

SESSION 9 ***"Activities in the Healthcare Setting...Present and Future"***

Speaker: **Kass Teti, RN**

In this session attendees will step into the world of a state surveyor. I am currently a Supervising Healthcare Facility Evaluator/Team Leader for the State of New Jersey Department of Health. We will discuss what the surveyors look for during the Quality of Life/Activity segments of the survey. We will review the upcoming changes to the Federal regulations related to Quality of Life/Activity. We will also have a question and answer period to help participants understand what is expected during the survey process.

2:30 – 3:45pm – 1.25 Contact Hours

SESSION 10 End of Life Doula ; Amicus Mortis "A Friend in Death "

Speaker: *Kelley Roman*

Hear how I came to find my place in this field of death and dying while educating others. Learn essential caregiver support skills while creating a new outlook on the end of life with your residents. Apply these skills to your own self care plan with a new awareness and understanding. Participants will learn how to be present with residents and family members during the active phase of dying. Learn essential techniques to center yourself before, during and at the end of your day so you don't feel emotionally and mentally exhausted. Learn how to BE and not always DO.

SESSION 11 Painting + Technology = Fuse

Speaker: **Matt Chelel**

When we FUSE the new world of technology with the old world of painting, we can make the old new. Come join Mathew Chelel, co-founder of Creative Notions, in exploring his new innovative way to create art. His new art making process will empower Activities Directors and their residents around the world to create like never before. All this without breaking your budget. It's a must see and yes we will be creating art during the workshop!!

SESSION 12 Applied Aromatherapy with Essential Oils in Residential Eldercare

Speaker: **Mei-Ming Raicer, M.S., C.C.A.**

This session will focus on the use of Essential Oils for mental and emotional support and methods of their application. Participants will learn how to present a natural, complementary/integrative approach utilizing Aromatherapy in addressing the physical, mental, and emotional challenges of advancing age. We will discuss how medical-grade Essential Oils may benefit the elderly with respect to depression/anxiety, alertness, cognitive function, insomnia and more. Also participants will explore practical techniques and application of Essential Oils.

CONVENTION FEES

	Two Days	One Day
Member-----	\$215.00-----	\$155.00
Non-Member-----	\$260.00-----	\$200.00

**Payment must be received by March 1, 2017
or be made in person at time of registration.
Personal Checks or a copy of company P.O. will be accepted at registration.
In instances where no payment has been made by time of registration,
participants will be expected to pay on site.**

Date Received _____ Registration No. _____
 Check No. _____ P.O. No. _____

Registration Form NJAPA ANNUAL CONVENTION

Name _____ Home Phone () _____
 Address _____ P.O. Box _____
 City/Town _____ State _____ Zip _____
 Email Address (please print clearly) _____

Facility Name _____ Work Phone () _____
 Address _____ P.O. Box _____
 City/Town _____ Fax () _____ State _____ Zip _____

NJAPA MEMBER ___ Yes ___ No _____ Check here if you are a first time attendee of the NJAPA convention
*****If you leave any sessions for more than 10 minutes you will not receive attendance for the session.**

EDUCATIONAL SESSIONS

PLEASE INDICATE YOUR SESSION PREFERENCE

Your selection does not guarantee a seat. Participants will be seated on a first come, first serve basis.

Thursday March 30, 2017	Friday March 31, 2017
9:15-10:30 Session 1 _____	9:00-10:15 Session 7 _____
10:45-12:00 Session 2 _____	10:30-11:45 Session 8 _____
1:15-2:30 Session 3 _____	1:00-2:15 Session 9 _____
2:45-4:00 Session 4 _____ Session 5 _____ Session 6 _____	2:30-3:45 Session 10 _____ Session 11 _____ Session 12 _____

CONFERENCE FEES:

	2 Days	1 Day
Member.....	\$215.00	\$155.00
Non-Member.....	\$260.00	\$200.00

Note: When sending in your payments please make **a copy for your records.**
 Pre-payment or purchase order ***MUST*** accompany this registration form.

SEND CHECKS (**PAYABLE TO NJAPA**) AND REGISTRATION FORM BY **March 1, 2017.**

TOTAL AMOUNT CLOSED..... \$ _____

For those attendees registering the same day for the conference and for those registration forms received after March 2, 2017, will be subject to a \$35.00 late fee.

*****Note:**
Mail Registration to:

Please make a copy for your records

Keita Blinn
 Registration Chair
 62 Amboy Avenue
 Roebling, NJ 08554

kdblinn@verizon.net

NJAPA MEMBERSHIP APPLICATION

JOIN NOW AND SAVE

Become a member and save on the cost of educational offerings. Mail the enclosed membership brochure when you register for the convention. Both costs can be combined in one check.

Please remember that our membership year runs from January 2017 to December 2017

___ Student Discount (\$5.00 off) Must be enrolled in a Basic Ed. Or Adv. Management Course

Applying For ___ Active Member at ___ \$40.00 for one year ___ \$100.00 for 3 years

Course Name and Instructor Signature _____

Name _____

Home Address _____

City _____ State _____ Zip Code _____

Home Phone _____ (Print Clearly) Home E-mail _____

Facility Name _____ Job Title _____

Address _____

City _____ State _____ Zip Code _____

Work Phone _____ (Print Clearly) Work E-mail _____

Type of Facility (Please check appropriate ones)

___ Long Term Care ___ Day Care ___ Residential

___ Sub-Acute ___ Assisted Living ___ Retirement

___ Senior Center ___ Other _____

Length of Employment in the Activity Field _____

Formal Educational Background _____

Other Professional Membership _____

Applying for;

___ **Associate Membership** (for those not working in the field) ___ **\$30.00 per year or ___ \$75.00 for 3 years**

___ Retired Activity Professional ___ Volunteer

___ Not Presently Employed ___ CNA ___ Other _____

___ Student Membership 1 year only

If you are interested in assisting NJAPA through any of our committees please check here _____. Thank you

Holiday Inn * 399 Monmouth Street * East Windsor, NJ 08520 * 609-443-8000

Directions to the National Conference Center

From NJ Turnpike (North/South):

Take Exit 8. After the toll, follow signs for Rt. 33 Hightstown/Freehold. Bear left and follow signs for Rt. 33 West. At the traffic light, turn left onto Rt. 33 West. At the next traffic light, turn right onto Monmouth St. The hotel will be on your right.

From Philadelphia:

Take I-276/PA Turnpike East to the NJ Turnpike Extension. Merge onto the NJ Turnpike North. Follow directions above for NJ Turnpike.

From Trenton:

Take Rt. 206 or Rt. 29 South to I-195 East. Take Exit 6 for the NJ Turnpike North. Follow directions above for NJ Turnpike.

From Princeton Area:

From Rt. 1 take Washington Rd to Rt. 571 East (Princeton-Hightstown Rd). Continue on Rt. 571 East for nearly 5 miles. Take Rt. 133 East toward Freehold. At the first traffic light, turn right onto Rt. 33 West. Turn right at Woodside Avenue. The hotel will be directly in front of you.

From Rt. 130 North/South:

Take Rt. 130 to Rt. 133 East toward Freehold. At the first traffic light, turn right onto Rt. 33 West. Turn right at Woodside Avenue. The hotel will be directly in front of you.

From Freehold/Points East:

From Rt. 9, the Garden State Parkway, or Rt. 537, pick up Rt. 33 West. Follow it into East Windsor. Turn right onto Woodside Avenue. The hotel will be directly in front of you.



New Jersey Activity Professionals' Association

Keita Blinn

REGISTRATION CHAIR

62 Amboy Avenue
Roebling, NJ 08554