Presents the 33rd Annual Spring Conference

Postponed
The National Conference Center
At the Holiday Inn
East Windsor, NJ
Pre-approval pending for contact hours from NCCAP, CEU’s for the American Therapeutic Recreation Association should be pursued by individuals who possess the CTRS certification

CANCELATION POLICY: Full refund will be made if a request is made by, March 20, 2020. Any further questions should be directed to Guylaine Mazure 201-848-5828 or GuylaineM@chccnj.org

LUNCH MEALS: There will be NO MENU SUBSTITUTIONS for lunch served during both days of the conference. Participants are welcome to bring their own lunch if special diet needs are required.

HOTEL/ROOM RESERVATION: If you are interested in staying overnight at the Holiday Inn, please contact them directly at (609) 443-8000, and state Group Name NJAPA and you are going to be attending the NJAPA conference. Rooms will be blocked out at a special rate $109.00, for NJAPA attendees until March 1, 2020.

Thank You!!

QUESTIONS: For Registration/Payment Questions Call: Guylaine Mazure-(201) 848-5828 or GuylaineM@chccnj.org
For General Conference Questions Call: Sharon Wolfe – (609)-597-1634
For Membership Questions Call: Kevin Bassinder- njapamem@aol.com

Conference Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Details</th>
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</thead>
<tbody>
<tr>
<td>8:00-8:45am</td>
<td>Registration &amp; Breakfast</td>
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<tr>
<td>8:45am-9:15am</td>
<td>NJAPA Awards Ceremony/Business Meeting</td>
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<tr>
<td>9:15-10:30am</td>
<td>SESSION 1-Keynote Address Part 1</td>
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<tr>
<td>10:30-10:45am</td>
<td>Break</td>
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<tr>
<td>10:45-12:00pm</td>
<td>SESSION 2-Keynote Address</td>
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<tr>
<td>12:00–1:15pm</td>
<td>Lunch</td>
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<tr>
<td>1:15-2:30pm</td>
<td>SESSIONS 3</td>
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<tr>
<td>2:30-2:45pm</td>
<td>Break</td>
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<tr>
<td>2:45-4:00pm</td>
<td>SESSIONS 4-6</td>
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</table>

Session Summaries

POSTPONED

9:15 – 10:30am – 1.25 Contact Hours Key Note
SESSION 1 The Critical Element Pathways
Speaker: Alisa Tagg, BA ACC/EDU CADDCT CDP CDCS
Nursing Home Surveys are conducted in accordance with survey protocols and Federal requirements to determine whether a citation of non-compliance is appropriate. In this session, the Activity Professional will become familiar with which Critical Elements are specific to Activity Programming.

10:45 – 12:00pm – 1.25 Contact Hours Key Note
SESSION 2 Combating the Blues through Activity Programming
Speaker: Alisa Tagg, BA ACC/EDU CADDCT CDP CDCS
In the long-term care setting, the blues can become a block to attending and participating in activity programs. During this session, the participant will learn more about depression and the overlapping symptoms with dementia. Programming ideas will be provided.
1:15 – 2:30pm – 1.25 Contact Hours

SESSION 3  Understanding the Montessori Approach for Older Adults
Speaker:  Debbie Hommel, ACC/MC/EDU, CTRS

Adopting Montessori Principles with older adults who have dementia is an increasingly popular approach. This session will introduce the basic concepts of a prepared environment; communication techniques focusing on grace and courtesy; and implementing activities which focus on the whole person. This is an overall philosophy of care which can be implemented with team support, additional training and adaptations to the environment. Information about the Montessori Dementia Engagement Certification, implemented by NCCAP, will be shared as well as additional resources for training.

2:45 – 4:00pm – 1.25 Contact Hours

SESSION 4  NAAP & NCCAP
Speaker:  Alisa Tagg, BA ACC/EDU CADDCT CDP CDCS &
          Debbie Hommel, ACC/MC/EDU, CTRS

This session will provide you a wealth of information regarding our national associations. Participants will be able to find out details about each organization and learn what they offer to individuals and to our profession. There will be opportunities for questions and answer, so please come prepared with your thoughts.

SESSION 5  “The Benefits of Therapeutic Music For Seniors”
Speaker:  Derick Glenn

“The Benefits of Therapeutic Music For Seniors” will provide activity professionals with a hands on approach to unlock the many benefits of therapeutic music. The session will describe how utilizing the appropriate music can relieve boredom, calm nervousness, encourage happy thoughts, and many additional health benefits.

SESSION 6  The Power of Language
Speaker:  Patricia Newman, ADC, CDP, MS Gerontology & Laura Sharpe, BS Psychology

Language is a powerful tool, the words we use every day can influence how we treat elders and each other. During this session we will explore how we interact with elders in regards to the care we provide and identify new words to use based on person centered care principles.

POSTPONED

9:00 – 10:15am – 1.25 Contact Hours

SESSION 7  Thriving in a Survivor’s World
Speaker:  Alisa Tagg, BA ACC/EDU CADDCT CDP CDCS

In today’s world the time has come for the Activity Professional to think about the future. Is it going to expand, grow and endure? The constant threat of government cutbacks and the ever-changing regulatory environment create a volatile atmosphere in the health care industry. Activity Programs may become the victims of economic squeezes by government, corporations and individual facilities. This presentation will provide opportunities for the Activity Professional to engage in discussion on how to thrive and endure.

10:30 – 11:45am – 1.25 Contact Hours   Key Note

SESSION 8  Innovative Activities: Preserving Functional Ability
Speaker:  Alisa Tagg, BA ACC/EDU CADDCT CDP CDCS

This session will focus on how thinking outside the box when programming activities will allow for greater success and maintaining the level of functioning of the populations we serve.

1:00 – 2:15pm – 1.25 Contact Hours

SESSION 9  On the Horizon: Serving Co Occurring Populations in Older Adult Settings Part 1
Speaker:  Nancy Richards, ADC/EDU/MC, C.D.P.

Substance abuse, particularly of alcohol and prescription drugs, among baby Boomers is one of the fastest growing health issues facing our country. Some seek treatment while many do not and when the need arises for long term care unmet needs arrive at the older adult setting. Coupled with mental health issues, care provision can be complex. Are you equipped to provide supportive services, arrange AA meetings and integrate a complex case mix? Putting the pieces together, the workshop offers practical tips from the field, resources to equip group leaders, an overview of co-occurring diagnoses of mental health and addiction, with the goal of building community.
2:30 – 3:45pm – 1.25 Contact Hours

SESSION 10  On the Horizon: Serving Co-Occurring Populations in Older Adult Settings Part 2
Speaker: Nancy Richards, ADC/EDU/MC, C.D.P.

Substance abuse, particularly of alcohol and prescription drugs, among baby Boomers is one of the fastest growing health issues facing our country. Some seek treatment while many do not and when the need arises for long term care unmet needs arrive at the older adult setting. Coupled with mental health issues, care provision can be complex. Are you equipped to provide supportive services, arrange AA meetings and integrate a complex case mix? Putting the pieces together, the workshop offers practical tips from the field, resources to equip group leaders, an overview of co-occurring diagnoses of mental health and addiction, with the goal of building community.

SESSION 11 Honoring Caregiver and Professional Grief
Speaker: Mary Catherine Lundquist, MDiv Director COPSA Institute for Alzheimer’s Disease and Related Disorders

The process of mourning impacts lives even before the actual loss occurs. This type of mourning may be difficult to recognize and legitimize in our communities. This training will provide education for professional staff who are assisting caregivers with navigating end of life issues and help develop a deeper understanding about the varied forms of grief associated with illnesses such as dementia. Strategies will be presented to help families dealing with grief. Professional grief will also be examined, including aspects of self-care for the very real grief experienced by professionals working with the aging and disabled and those with terminal illnesses.

SESSION 12 Dancing Through Life: Dance/Movement Therapy in Memory Care
Speaker: Molly Arney MS, R-DMT, CT, CDP, CADDCT

This experiential session will offer an opportunity for you to play, dance, and reminisce through music, movement, and imagery. Dance/movement Therapy provides a space in which we meet our residents where they are, and guide them along their journey. Experience it for yourself!

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**CONFERENCE FEES**

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<tr>
<th>Two Days</th>
<th>One Day</th>
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<tr>
<td>Member--- $230.00---------------------- $170.00</td>
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<tr>
<td>Non-Member--- $280.00---------------------- $220.00</td>
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*Payment must be received by March 20, 2020 or be made in person at time of registration.*

**We apologize for the increase in cost of the conference. The cost of the venue has increased by 50%.**

**In order to lessen the burden of the 50% increase we will be making the necessary price adjustments over the next 2 years. NJAPA has not had a spring conference price increase in over 5 years.**

**With further investigation, this venue is still the most cost effective.**

*We are now accepting credit cards!*  

*In instances where no payment has been made by time of registration, participants will be expected to pay on site.*
Registration Form
NJAPA ANNUAL CONFERENCE

Name ____________________________________________________ Home Phone ( ) ____________________
Address __________________________________________________ P.O. Box ______________________
City/Town ________________________________________________ State _______________ Zip _____________
Email Address (please print clearly) ________________________________________________________________

NJAPA MEMBER  ___Yes  ___No  ______Check here if you are a first time attendee of the NJAPA conference.

***If you leave any sessions for more then 10 minutes you will not receive attendance for the session.

EDUCATIONAL SESSIONS
PLEASE INDICATE YOUR SESSION PREFERANCE
Your selection does not guarantee a seat. Participants will be seated on a first come, first serve basis.

<table>
<thead>
<tr>
<th>Thursday April 2, 2020</th>
<th>Friday April 3, 2020</th>
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<tbody>
<tr>
<td>9:15-10:30  Session 1</td>
<td>9:00-10:15  Session 7</td>
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<tr>
<td>10:45-12:00 Session 2</td>
<td>10:30-11:45 Session 8</td>
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<tr>
<td>1:15-2:30  Session 3</td>
<td>1:00-2:15  Session 9</td>
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<td>2:45-4:00  Session 4</td>
<td>2:30-3:45  Session 10</td>
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<td>1:15-2:30  Session 5</td>
<td>2:30-3:45  Session 11</td>
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<td>2:45-4:00  Session 6</td>
<td>2:30-3:45  Session 12</td>
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Note: When sending in your payments please make a copy for your records.

Payment options:

___ Please check here if you included a check as payment.
___ Please check here if you are paying via purchase order.
___ Please check here if you will be paying with a credit card on site.

SEND CHECKS (PAYABLE TO NJAPA) AND REGISTRATION FORM BY March 20, 2020

TOTAL AMOUNT ENCLOSED......................... $ _____________

For those attendees registering the SAME day for the conference and for those registration forms received after March 21, 2020, will be subject to a $25.00 late fee.

**You will receive and email confirmation once all registration materials are received, please make sure your email is legible.

***Note: Please make a copy for your records

Mail Conference Registration to: Guylaine Mazure
13 Aspen Court
Paramus, NJ 07652
GuylaineM@chccnj.org
NJAPA MEMBERSHIP APPLICATION

JOIN NOW AND SAVE

Become a member and save on the cost of educational offerings. Mail the enclosed membership brochure when you register for the convention. Both costs can be combined in one check or can be paid by credit card at the door.

Please remember that our membership year runs from January 1 to December 31.

Application for Active Member at ___ $40.00 for one year ___ $100.00 for 3 years

___ Student Discount ($5.00 off) Must be enrolled in a Basic Ed. or Adv. Management Course

Course Name and Instructor Signature _______________________________________________

Name ____________________________________________________________

Home Address _______________________________________________________
City ___________________________ State _______ Zip _______ County ____________
Home Phone ______________________ (Print Clear) Home E-mail ________________

Facility Name _______________________________________________________
Job Title ___________________________________________________________
Home Address _______________________________________________________
City ___________________________ State _______ Zip _______ County ____________
Work Phone ______________________ (Print Clear) Work E-mail ________________

Type of Facility: (Please check appropriate ones)

_____ Long Term Care _____ Day Care _____ Residential

_____ Sub Acute _____ Assisted Living _____ Retirement

_____ Senior Center _____ Other __________________________

Length of Employment in the Activity Field _______________________________________

Formal Education Background ___________________________________________________

Other Professional Membership(s) _______________________________________________

Applying for:

___ Associate Membership (for those not working in the field) ___ $30.00 per year or ___ $75.00 for 3 years

___ Retired Activity Professional ___ Volunteer

___ Not Presently Employed ___ CNA ___ Other __________________________

___ Student Membership 1 year only

If you are interested in assisting NJAPA through any of our committees please check here ___.

Make Check Payable To: “NJAPA”

Kevin Bassinder
NJAPA Membership
1933 Hwy 35, Ste. 105, #304
Wall, NJ 07719
732-773-0750
njapamem@aol.com

Admin use only: ____________
[ ] Posted [ ] Card Given/Sent
Holiday Inn * 399 Monmouth Street * East Windsor, NJ 08520 * 609-443-8000

Directions to the National Conference Center

From NJ Turnpike (North/South):
Take Exit 8. After the toll, follow signs for Rt. 33 Hightstown/Freehold. Bear left and follow signs for Rt. 33 West. At the traffic light, turn left onto Rt. 33 West. At the next traffic light, turn right onto Monmouth St. The hotel will be on your right.

From Philadelphia:
Take I-276/PA Turnpike East to the NJ Turnpike Extension. Merge onto the NJ Turnpike North. Follow directions above for NJ Turnpike.

From Trenton:
Take Rt. 206 or Rt. 29 South to I-195 East. Take Exit 6 for the NJ Turnpike North. Follow directions above for NJ Turnpike.

From Princeton Area:
From Rt. 1 take Washington Rd to Rt. 571 East (Princeton-Hightstown Rd). Continue on Rt. 571 East for nearly 5 miles. Take Rt. 133 East toward Freehold. At the first traffic light, turn right onto Rt. 33 West. Turn right at Woodside Avenue. The hotel will be directly in front of you.

From Rt. 130 North/South:
Take Rt. 130 to Rt. 133 East toward Freehold. At the first traffic light, turn right onto Rt. 33 West. Turn right at Woodside Avenue. The hotel will be directly in front of you.

From Freehold/Points East:
From Rt. 9, the Garden State Parkway, or Rt. 537, pick up Rt. 33 West. Follow it into East Windsor. Turn right onto Woodside Avenue. The hotel will be directly in front of you.

New Jersey Activity Professionals’ Association

Guylaine Mazure
13 Aspen Court
Paramus, NJ 07652